

FAMILY JOURNAL IDEAS SET 1

1. Keep the journal in the car and ask kids to name one great thing that happened at school.
2. Designate a page just for collecting fruit stickers (from bananas, apples, oranges etc.)
3. Take the journal out to dinner and do family surveys while waiting for your food.
4. Having a party? Designate a page as a guest book and have your guests sign it.
5. Have each family member contribute to a story. Each person writes or says one sentence and then pass it on.
6. Tape bits of paper into the journal to save them: cookie fortunes, stickers, name tags, receipts, etc.
7. Collect leaves and have each child draw theirs into the journal. Find out the names for each species.
8. Have each child draw their ideal lunch box contents onto a page.
9. Trace everyone hands onto a page starting from largest to smallest. Make sure to date the page!
10. Start a list of favorite family movies.
11. Waiting at the doctors office? Draw tiny sketches in list form of something that starts with A, then B, then C....etc.
12. Create a chart to keep track of height, weight, shoe sizes, clothing sizes, etc.

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