The Blue Beret

Adult and youth sized unisex pattern.
Reclaim old t-shirts and knits into eco-friendly hats!

An original pattern by
lil blue boo

www.lilblueboo.com
Thank you for downloading the Blue Beret pattern! Reclaim old t-shirts and knits into a stylish hat. I combine appliqué, silk screening and mix-matched t-shirts to make funky and fun hats for my eco-friendly Lil Blue Boo clothing line!

Feel free to email me if you have any questions about the pattern or instructions! I am always happy to help and I want you to love the pattern as much as I do! Visit my blog for my contact information and for additional ideas: www.lilblueboo.com

Ask questions, post photos, and discuss tips and techniques on the Lil Blue Boo Patterns Page: http://www.facebook.com/lilblueboopatterns

Happy sewing!

Ashley

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Materials Needed:

:: T-shirt or various knit fabric for the main portion of the hat

:: Ribbed knit (with spandex), cotton/lycra or knit jersey with 50 to 75% stretch for the hat band

:: Coordinating thread (100% polyester thread is the best for sewing knits)

Note: All seams are ¼” except where noted and stay unfinished (knit t-shirts will not fray or unravel)

Optional materials:

:: Either a jersey ball point or a stretch needle (I use an orange size 11 needle for my Singer machine)

Printing and Assembling your Pattern

First you will need to print off your pattern pieces. They will print onto multiple sheets and you will need to match up the dots to connect them correctly and then tape the pieces together.

Directions

Cut out 2 circles of a t-shirt or knit fabric using the template. Cut out the inner circle of only one of the larger circles.

Place the circles right sides together and sew or overlock them together all the way around using a ¼” seam allowance.
Cut out the hat band piece and fold lengthways with right sides together. Make sure the stretch is in the direction of the arrows. Sew along the end.

Fold the hat band in half all the way around, with your seam folded inside.

Turn your hat right side out and pin the band around the opening of the hat making sure to pin it equally all the way around. The opening of the hat band, not the folded edge, should open towards the inside of the hat. Sew or overlock the band to the hat to connect.

**Modification for infant sizes:**

You can make the hat smaller for infants by cutting the hole of the children’s size pattern smaller and shortening the hat band by an inch or so.
Adult Hat

Check scale: this should measure 1 inch when you print
Fold

Children’s Hat

Check scale: this should measure 1 inch when you print